

Strengths Based Perspective: An Indigenized Practice Experience

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An Chinese cultural Articulation

- Chinese translation of strengths based perspective (能耐取向)
- Chinese articulation of empowerment (主勢)
- Confucian articulation (familial, relational, authority orientation) (儒家論述)
- Taoism articulation (translation from secular attainment, dynamic revertism of the nature: tao, Integration of the law of nature)(道家論述)
- Collective strengths (集體優勢)vs Individual strengths

Unresolved Controversies and Dilemmas

Orientation Vs Intervention Approach

Evidence based rationality (理性實證) Vs Holistic subjectivity (整全而主觀)

Dichotomization (分層) Vs Duality(二元性) in Strengths Articulation

Inherent Embodiment(具體化) Vs Social Construction of Strengths(社會建構)

Dynamics(動力) and Dilemmas(兩難) in the Process of Recovery

The Challenge from Medical Dominance and Social Control

1. Medical Power Vs Social Power
2. Professional Imperialism(專業主導) Vs Consumer Right (用家權利)
3. Biochemical(生物化學) Vs Psychosocial Articulation(社會心理)
4. Genetic(遺傳) Vs Developmental Perspective(發展)
5. Over simplified Solution(簡化) Vs Multi-dimensional(多層面)
6. Institutionalization(院舍化) Vs Community Integration(社區共融)
7. Medication Vs Psychosocial Recovery
8. Social Exclusion(社會排斥) Vs Social Integration (社會共融)
9. Public Labeling (社會標籤)Vs Public Support(社會支持)

The Challenge from professionals and social welfare agency

Humanistic Orientation(以人為本) Vs Public Accountability and Budget

Professional Authority (專業權威)Vs Clients Potential(服務使用者潛能)

Administrative Supervision Vs Clinical Supervision

Overloading Workload Vs Optimal Workload

Intervention Model based Vs Client based Service

Meeting the Challenges

Factors for Successful Strengths Based Intervention

- Beliefs in clients' strengths and talents
- A will to challenge the dominance of the disease and medical perspective
- The uphold of values of client's right and dignity
- Sensitivity to explore and identify clients needs and ability
- -Persistence and endurance in strengths development

Meeting the Challenges

Strategies of Clients' Strengths Development

- Development of strengths as a holistic person (spiritual, cultural, psychological and social strengths)
- Dynamic strategies in strengths development (identify strengths, facilitate strength, adapt difficulties and challenges, within a normalized and integrated context)
- Merging Exploration and Development of Strengths
- Enlightening Clients' Aspiration and Unfulfilled Wish

Meeting the Challenges

Strategies of Clients' Strengths Development

- Enlightening Clients' Aspiration and Unfulfilled Wish
- Gaining the recognition of clients' significant others
- Duality of deficit and strengths
- Ideological orientation, intervention framework and techniques
- Construction and Reconstruction of supportive environment
- Cultural Specific Strengths Development
- Moral and Ethical Development of Clients' Strengths

References

Yip, K.S. (2008) `Chapter 1, Chapter 2 and Concluding Remarks' K.S. Yip (Edited) *Strengths Based Perspective in Working with Clients with Mental Illness: A Chinese Cultural Articulation* , New York: Nova Sciences